

**Table 2.** Formal and Informal Help-Seeking Experiences.

<b>Question</b>	<b>N/%</b>
<b>Please describe your sexual interest in minors (check all that apply)</b>	<b>N = 183</b>
Attraction to prepubescent children aged 12 years or less	67 %
Attraction to minor teens aged 13-15 years 74%	74 %
Attraction to minor teens aged 16-17 years 60%	60 %
<b>Have you ever tried to seek help about your sexual interest in minors? If yes, who?</b>	<b>N = 186</b>
Website or Internet forum	47 %
Phone helpline	28 %
Counselor/ therapist/social worker/ psychologist	75 %
Medical doctor	16 %
Religious leader (priest, rabbi, minister, etc.)	19 %
<b>How helpful was the professional?</b>	
Helpful or very helpful	49 %
Not helpful	33 %
<b>Have you ever sought counseling for any other personal or emotional challenges besides concerns related to your sexuality?</b>	<b>N = 179,</b> 50%
<b>Currently, does anyone in your personal life know about your minor attraction?</b>	<b>N = 182</b>
No	47 %
Friend	37 %
Parent	23 %
Family member	24 %
Spouse/partner/girlfriend/boyfriend	19 %
Other	14 %
<b>How often do you talk to someone in your personal life about your minor attraction?</b>	<b>Never</b>
Friend	50 %
Parent	68 %
Family member	73 %
Spouse/partner/girlfriend/boyfriend	66 %
Other	75 %

\* *Note.* Percentages may not add up to 100% because some participants endorsed more than one category.